



THE LOUNGE

AT THE RETREAT

BREAKFAST

Available 9am – 1pm

THREE EGG OMELETTE | £7.50

With a choice of two fillings - mushroom, spinach,
cheese, peppers, ham or onion
£1.00 per extra filling

FARMHOUSE SAUSAGE OR BACON ROLL | £6.95

in a toasted brioche bun

POACHED EGGS ON TOASTED SOURDOUGH | £8.95

Grilled cherry tomato & mixed leaf salad

ADD CRUSHED AVOCADO (v) | £2.50

ADD CRISPY BACON | £2.00

ADD AN EXTRA POACHED EGG | £1.00 PER EGG



SANDWICHES & WRAPS

Served with dressed leaves & vegetable crisps

CLUB SANDWICH | £10.95

Double decker sandwich with roast chicken, bacon,
egg, tomato & mayonnaise

VEGAN CLUB (vg) | £9.95

Vegan smoked Applewood cheese, grilled vegetables,
vegan pesto, dressed leaves

BUTTERMILK CHICKEN WRAP | £8.95

Crispy buttermilk chicken, Asian slaw, crunchy lettuce,
garlic mayonnaise, sweet chilli sauce

FISH FINGER WRAP | £8.95

North sea haddock goujons in beer batter,
gem lettuce, tartare sauce, gherkins

ROAST BEEF, HORSERADISH & ROCKET SANDWICH | £8.95

EGG MAYONNAISE SANDWICH (v) | £7.95



LITE BITES

PEA AND MINT SOUP (v) | £7.95

Freshly prepared soup, crusty bread and sea salt butter

BURRATA (v) | £9.95

Creamy burrata, smoked aubergine puree, hazelnut dressing, focaccia crisps

CHICKEN YAKITORI | £9.95

Japanese-style spiced chicken skewers,
chilli and coriander jam, Asian slaw

TEMPURA PRAWNS & CALAMARI | £13.95

Tempura prawns & salt and pepper squid,
wasabi mayonnaise, citrus ponzu, burnt lime

BAKED FALAFEL (vg) | £8.95

Lightly spiced falafels, grilled zucchini,
beetroot hummus & rocket

HAND CUT CHIPS / FRENCH FRIES (v) | £4.95

Smoked sea salt & rosemary



HOT OFF THE PASS

MARGHERITA (v) | £14.95

Pizza sauce, fresh mozzarella, lashings of pizza cheese & basil

PEPPERONI | £16.50

Pizza sauce, mozzarella, roast red peppers & pepperoni

KOREAN CHICKEN | £16.50

Spicy pizza sauce, Asian vegetables,
Korean chicken pieces, red chilli, mozzarella

VERDURE (vg) | £15.50

Pizza sauce, vegan cheese, grilled mediterranean vegetables,
vegan basil pesto, sun-dried tomatoes

HOT ROAST BEEF CIABATTA | £15.95

Sauteed onions, skinny fries & roast gravy

ROAST MEDITERRANEAN VEGETABLE CIABATTA | £14.50

Beetroot Hummus & skinny fries



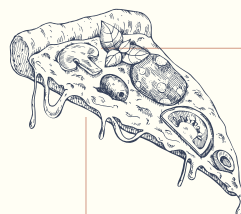
SHARERS

OVEN BAKED CAMEMBERT (v) | £15.50

Oven baked camembert with garlic and rosemary,
locally baked bread, oil and balsamic

NACHOS (v) | £9.95

Baked tortilla chips, salsa, spicy cheese, sour cream, guacamole, jalapenos



SALADS

SUPERFOOD SALAD (vg) | £15.95

Quinoa, roasted vegetables, pomegranate, mixed leaves, citrus dressing, nuts and seeds
Add Chicken ... £4.00 Add Halloumi(v)... £4.00

CHAR-GRILLED CHICKEN CAESAR | £15.95

Gem lettuce, Parmesan, anchovies, pancetta & sourdough croutons



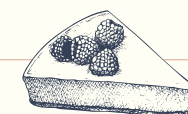
DESSERTS

STICKY TOFFEE PUDDING (v) | £8.95

Yorkshire Tea, butterscotch sauce, vanilla ice cream

SELECTION OF ICE CREAMS & SORBETS (V) | £7.50 (3 SCOOPS)

*Also enjoy a delicious.
sweet treat from our deli counter!*



HOT DRINKS

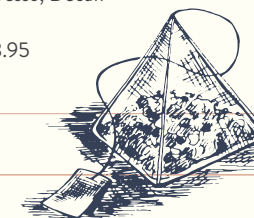
RINGTONS TEA | £3.50

Traditional Breakfast, Decaf, Darjeeling, Earl Grey, Green Tea, Camomile

COFFEE | £3.95

Cappuccino, Latte, Americano, Espresso, Decaff

HOT CHOCOLATE | £3.95



*If you have a food allergy, intolerance or
sensitivity please inform a member of our
trained team when placing your order.*